THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD
MALTA

Change Begins with Us

Empowering Equality on the International Day for the Elimination of Violence Against Women

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On November 25th, the International Day for the Elimination of Violence against Women calls on us to take a stand against the injustices faced by women and girls worldwide. At the Duke of Edinburgh's International Award (DofE) Malta, we recognise the critical role we play in creating a generation that values equality, respect, and empathy. By providing both young men and women with opportunities to learn, grow, and adapt, we contribute to building a safer, more inclusive world.

The Award is more than a programme; it's a platform for empowerment and change. By equipping young people with the skills, experiences, and values they need to navigate life, we are fostering a culture where violence and inequality have no place.

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Education: Empowering Through Knowledge and Experience

Education and experiential learning lie at the heart of The Award. Through volunteering, skill-building, and teamwork, participants learn the importance of respect, empathy, and equality. These experiences challenge harmful stereotypes and nurture a mindset of inclusivity.

By encouraging participants to interact with diverse groups and contribute meaningfully to their communities, we help them understand the impact of their actions and words. These lessons are crucial in fostering attitudes that reject violence and uphold respect for all individuals, regardless of gender.

Empowering Both Men and Women as Allies

The Award actively engages both male and female participants, promoting mutual understanding and collaboration. Boys and young men are taught the importance of allyship—standing against misogyny, challenging harmful behaviours, and supporting the voices of women and girls.

Meanwhile, young women are empowered to develop confidence, resilience, and leadership skills, enabling them to advocate for themselves and others. By bringing young people together in a shared journey of growth, the Award fosters respect and partnership, breaking down the barriers that perpetuate inequality and violence.

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Collective Action: Changing Communities Through Leadership

Through the DofE framework, participants are encouraged to take on leadership roles in their communities. Whether it's leading a project, mentoring peers, or volunteering for causes that support women's rights, they learn the value of collective action in creating meaningful change.

This commitment to community leadership aligns perfectly with the goals of the International Day for the Elimination of Violence against Women. By equipping young people with the tools to identify and address injustice, we are nurturing a generation that will not tolerate violence in any form.

How You Can Support the Movement

As part of the DofE community, you can contribute to this important cause by:

PROMOTING RESPECT AND EQUALITY	Lead by example, demonstrating inclusive behaviours in your interactions with others.
SPEAKING OUT AGAINST INJUSTICE	Use your voice to challenge harmful attitudes and behaviours, inspiring others to do the same.
VOLUNTEERING FOR WOMEN'S ORGANISATIONS	Dedicate your time to initiatives that support women's safety, rights, and empowerment.
CREATING AWARENESS	Share the message of this day with your peers, encouraging them to join the fight against gender-based violence.

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We believe that change begins with the actions of individuals who are willing to stand up for what's right. This International Day for the Elimination of Violence against Women, let us reaffirm our commitment to fostering a culture where all young people—male and female—are empowered to build a future marked by respect, safety, and equality.

Through the experiences and values instilled by the DofE Award, we are shaping a world where violence is replaced by understanding, and inequality is replaced by partnership. Together, we can make a difference.

Let this day remind us that change begins with us. By working collectively, with empathy and determination, we can create a world where everyone has the opportunity to thrive—free from fear and full of possibility.

Empower Equality.
End Violence.

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#WORLD READY

DOFE/ViolenceAgainstW

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